

(The Appropriate Measures for Early Recovery and Early Rehabilitation)

"Relief to Rehabilitation"



**TAMEER - Rebuilding of Pakistan** 

#### **HANDS**

HANDS is a registered, tax exempted, PCP Certified and European Union accredited Not for Profit Organization working since 1979. We are led by founder and present chairman Prof. A. Gaffar Billoo (Sitarae Imtiaz). HANDS is certified by Pakistan Center of Philanthropy (PCP) and Institutional Management Certification Program (IMCP) by USAID for management standards and registered with European Union, HADS is also exempted for income tax by the concern authorities.

HANDS is certified by Pakistan Center of Philanthropy (PCP) and Institutional Management Certification Program (IMCP) by USAID for management standards and registered with European Union, HADS is also exempted for income tax by the concern authorities. HANDS is benefiting more than 13 million population of 16703 villages in 24 districts of Pakistan through its regular program. HANDS has played key role in post flood scenario, we have invested more than Rs.02 billion during the relief and rehabilitation work with the help of dozens of partners.

#### Pak Flood 2010 Rescue and Relief:

Pakistan, a country that is renowned for its fertile lands, rich crops and agricultural diversity, has been ravaged by one of the worst 2010 floods in the history of mankind. Apart from the death toll of nearly more than 2000 men, women and children, thousands have been injured. Over 20% of the country is submerged under water. Over 1.5 million acres of agricultural lands and crops have been destroyed. Over 20 million people have been rendered homeless. Of these, over 7 million IDPs have been afflicted in 12 Districts of Sindh Province alone.

Evacuation was the first step and 93,163 people were evacuated from the most vulnerable points by HANDS teams. 500 relief camps



Rescue activity through boat



Temporary Leaning & Re-creational Site (TLRS)



Medical Relief Camp



Relief Camp

were established and supported 35,000 families (175,000 individuals). Each family was provided with shelter, which were in the form of tents for the time being, two to four months food, commodities, hygiene kits, water and sanitation hygiene facilities, health and education services and livestock services.

A total of 83163 people were evacuated from the most vulnerable points by the HANDS Teams. HANDS had established more than 500 Relief Camps. We have provided support to more than 35,000 families and 245,000 family members.

HANDS has supplied in relief and More than 35000 tons of ration to families. We also supplied nearly 35000 hygiene kits. The Non Food Items were also supplied to 35000 families. HANDS ensured adequate WATER SUPPLY and toilet Facilities under the most challenging circumstances.

HANDS Health Teams provided health services through more than 3500 medical mobile camps in 13 districts. Fixed Medical Camps were stationed at all Relief Camps in the flood affected areas that have seen 300,000 patients and conducted more than 5000 Health and Hygiene Awareness Sessions. Around 10,000 women were screened for antenatal and post natal care.

The medical team ensured more than 10,000 safe deliveries and provided with Reproductive Health kits comprising of required contraceptives after counseling session. HANDS under its NARI project provided free of cost services through voucher scheme of Dozens of health facilities from public and private sector. HANDS Education Program has organized more than 350 Temporary Camp Schools where more than 9500 children continue their education in camps. HANDS agriculture and livestock department worked on vaccination, de-worming and provision of fodder for more than 57000 goats, buffalos, and bulls.

By the grace of Allah and from the help of its partners HANDS has invested in this phase nearly 01 billion Pak Rs that is 10 million US dollars in kinds & cash.

TAMEER Strategy: (The Appropriate Measures for Early Recovery and Early Rehabilitation)

To carry out early recovery and rehabilitation activities, HANDS have developed a strategy that defines each and every thing to be implemented. The strategy named as TAMEER (The Appropriate Measures for Early Recovery and Early Rehabilitation). Through the Strategy HANDS introduces integrated ERR package which covers Shelter, WASH, Community Physical Infrastructure (CPI), livelihood, Education, Health and food Provision. Strategy defines prime objectives, strategic approaches, vision, identification and selection criterions, ways of resource mobilization, procedural framework and financial transactions. Strategy also defines human resources requirements and procedures, necessary documentation, reporting formats, record keeping and monitoring process with expected results.

HANDS have estimated the required funds of Rs. 08 billion that is 100 million US \$ for next 03 years. The project will transform 1000 villages into model villages, 14 Union Councils and 50,000 families in building their houses, small businesses, revive live stock, village streets, water channels, roads, hand pumps, drainage, health and education services.

## **Primary Objectives of TAMEER**

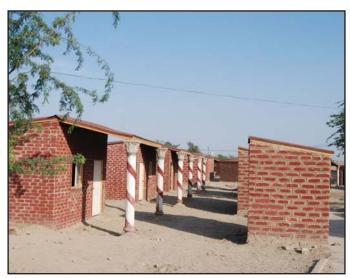
- Formation and Strengthening of CBO's and other local Institutions in flood affected areas.
- Restoration of critical infrastructure and social services in flood affected areas
- Ensure Livelihoods, Social and Economical recovery in flood affected areas



Capacity Building of Community Base Organization



Capacity Building of Women Organization



Model Village With One Room Permanent Shelter



Street Pavement in Model Village

## **Key Principles**

### 1. Family/village development model

TAMEER is integrated community development model with focus on family level and village level interventions. Family interventions include health, education, shelter, water, sanitation, agriculture, livestock and enterprise development. Village level interventions include renovation of schools, repairing of health facilities, street pavements, recovery of irrigation channals, boring of community water pump etc.

### 2. Equity base Resource Distribution:

Special emphasis have been given to highly vulnerable groups, and women headed families, particularly those are from most affected areas

#### 3. Community Participation

TAMEER process is based on the Community Participation through social mobilization process using HANDS tested methodology of Community Base Organization (CBO). To empower communities, these have been motivated to play a central role in planning and shaping their future livelihoods. Community Base Organizations are being empowered so they can discuss options for rehabilitation and reconstruction, as well as demand accountability from those handling public resources.

## 4. Transparency

Transparency is ensured through participatory monitoring mechanism and easy community access to information

## 5. Sustainability:

Affected areas are environmentally fragile areas where poor land and water management can be led rapid resource degradation. Sustainable development models implemented through local human

resource development, exploring local economical potentials and environmental up gradation.

## 6. Networking:

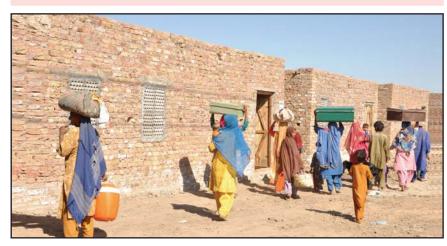
Collaboration with other sectors/ organizations

## Plan of Early Recovery and Rehabilitation (ERR)

HANDS developed plan to reach for early recovery & rehabilitation to around 50,000 families in 16 UCs of 8 Districts of Pakistan that is Jacobabad, Kashmore, Shikarpur, Kamber-Shahdadkot, Thatta, Dadu, Jamshoro of Sindh and Jaffarabad of Baluchistan provinces.

### **Family Service Packages**

1.	Water and sanitation facilities	Rs. 11,000/=
2.	Livestock/agriculture inputs/enterprise	Rs. 22,000/=
3.	Share of village infrastructure (street pavement etc.)	Rs. 28,000/=
4.	Education services in a year	Rs. 5,000/=
5.	Health services in a year	Rs. 5,000/=



Moving from Temporary Shelter to Newly Constructed Houses



Partially Damaged Renovated School



Transit School Shelter (TSS)

Model-I:
Cost of brick and mud house
One room plus veranda, washroom & kitchen Rs.87,000



Total Family Services Package
Total Cost of family package Rs. 168,000
per family cost in US\$ 1976

Total Village Services Package (50 houses village)
Total Cost of village package Rs. 8.4 Million
per village cost in US\$ 99,000/=

Model-II:
Cost of brick and cement house
One room plus veranda, washroom & kitchen Rs. 120,000



Total Family Services Package
Total Cost of family package Rs. 211,000
per family cost in US\$ 2482

Total Village Services Package (50 houses village)
Total Cost of village package Rs. 10.55 Million
per village cost in US\$ 0.12 Million

Rehabilitation Unit	Amount Requ	ired in Model-I	Amount Required in Model-II		
Renabilitation Onit	Rs. in Million	US\$ in Million	Rs. in Million	US\$ in Million	
One Union Council Cost	420	4.90	525	6.17	
Two Union Council per District	840	9.80	1050	12.35	
Sixteen Union Council of 8 districts	6720	78.40	8400	98.80	

#### Join HANDS for Rehabilitation of Flood Survivors

All donations (Pay orders & Cheques) should be sent to:

Account for Donations: "HANDS" HBL Bank (Tariq Road) A/c No: 00380061386503
Account Zakat: "HANDS ZAKAT" HBL Bank (Tariq Road) A/c No: 003800705395-03

Transfer from abroad: Swift Code is "HABBPKKA 038" HABIB BANK Ltd.

Tariq Road Branch Karachi Pakistan

Euro Aid I.D. No: PK-2008-EID-2306404983

Society Registration No: Societies act of XXI 1860, 2462 Karachi of 1993 National Tax No. 2226057-9

Pakistan Center for Philanthropy Certificate No. PCP-R1/2008/0065 Income Tax Exemption No. CIT (SO-I) / Cos. V/2006/1263

## **TAMEER Update**

HANDS Disaster Management program started it's "Early Recovery & Rehabilitation Plan" from November, 2011. The residents of camps started moving back to their village as soon as water recedes, More than 35000 families moved back to their homes through transports provided by HANDS.

By the grace of Allah and from the help of its partners HANDS has secured nearly 01 billion Pak Rs that is 10 million US dollars for TAMEER by now. TAMEER completed 6 month of life at the end of April 2011 and following is the sector wise progress update of last 6 months

### 1. Rapid Assessment Survey

HANDS Research program conducted Rapid Assessment of the most effected villages and UCs and selected 16 union councils in 7 districts of Sindh and one district of Baluchistan under the umbrella of TAMEER project. HANDS research program has surveyed nearly 12000 villages of 7 districts.

#### 2. Social Mobilization

Once the village is selected in rapid assessment survey analysis report, HANDS team of Social Mobilization Program arrived in the villages to initiate the process of community participation. Social mobilization occupies a central place in TAMEER Strategy with a primary focus on working with the poor and disadvantaged segments of society therefore whole integrated package implemented through Community Based Organizations (CBO). HANDS SM team gather all the community members and ask the community members to develop a village map on ground that is PRA (Participatory Reflection Analysis). They explain to the villagers that they should have a Community Based Organization to partner with HANDS. Later they facilitate the community members in forming a CBO. The CBO sign a "Term of Partnership" for better understanding and trust with HANDS District Executive Manager. HANDS - SM team has signed more than 1200 TOP with these CBOs.



Entrepreneur in Model Village

## **Funds Disbursed Through CBOs Bank**

#### December, 2010 to April, 2011

ICAD Droipet	Do 20.7 million
ISAR Project	Rs. 32.7 million
Philanthropists Funding	Rs. 15.2 million
Kashmore Livelihood Project	Rs. 7.2 million
Thatta Livelihood Project	Rs. 7.7 million
Kashmore Model Village Project	Rs. 25.5 million
Thatta Model Thatta Village Project	Rs. 99.2 million
Water & Sanitation Project Dadu	Rs. 0.19 million
Total	Do 100 million



Agriculture Input in Model Village



Entrepreneur in Model Village

#### 3. Shelter

HANDS completed 1000 one room shelters and handed over to flood survivors, while construction of more 5000 one room shelters is under process. HANDS is targeting 50,000 shelters in next 03 years.

#### 4. Water & Sanitation Hygiene (WASH)

Provision of Water, Sanitation & Hygiene services is integral part of all 1000 shelters provided by HANDS.

#### 5. Community Physical Infrastructure (CPI)

CPI is also integral part of shelters and part of integrated package. Till now HANDS completed nearly 1092, CPI of 25 villages and nearly 6674 in process. These include street pavements, water reservoir, culverts, roads & channels

#### 6. Livelihood

HANDS livelihood sector comprised of agriculture, livestock, entrepreneur and fishing. Till now HANDS supported around 3000 entrepreneurs which include agriculture, livestock and many indigenous trades. HANDS provide extensive skill trainings, grant support and technical support in developing these enterprises. Support of developing 2000 more entrepreneurs is in process

#### 7. Health & Nutrition

HANDS managing community base model of Health with name of MARVI workers, NARI Vouchers scheme for EMoNC services to communities HANDS reimbursed 690 vouchers for normal deliveries, 452 for caessarian sections and 255 for neonatal care services. TBAs trainings etc. HANDS also managing Nutrition project of CMAM with support of UNICEF in district Jamshoro & Kashmore.

Under this project HANDS established 30 Supplementary Feeding Program (SFP), 30 Outpatient Therapeutic Program (OTPs), 02 Stabilization Center(SC) with trained qualified staff. 70278 children were screened out through MUAC Test. Out of which 940 children

were severely malnourished, 4444 were moderately acute malnourished.

#### 8. Social Marketing

HANDS also involve social marketing of many health related products like safe delivery kits, contraceptives, mosquito nets, soaps, sanitary pads, ORS, necessary medicines etc in flood affected areas.

#### 9. Education/Child Protection

HANDS is managing a large scale project of "Integrated Approach for School Revival -ISAR" with support of UKAID-DFID for revival of 1000 primary schools in 07 flood affected districts of Sindh. This project is benefiting 100,000 children, 2000 teachers and nearly 500,000 community members.

#### 10. Food Provision

HANDS provided food to around 40000 families during relief and now food is being provided to 15000 families through Food For Work activities. HANDS in process to develop nearly 1200 CPI through community participate as food for work.

## 11. Disaster Preparedness

In this regard, HANDS started work on establishing 02 HANDS Disaster Management & Preparedness Centers (HDMPCs) in Northern and Southern Sindh and in Karachi to minimize risks of disasters and rehabilitate and reconstruct the losses and damages which happen during and after natural disaster. These HDMPCs are aimed at minimizing potential losses from hazards, assure prompt and appropriate assistance to victims of disaster, and achieve rapid and effective recovery. Appropriate actions at all stages lead to greater preparedness, better warnings, reduced vulnerability or the prevention of disasters.



Water Scheme in Model Village



Entrepreneur in Model Village

## **SUMMARY OF FUNDS STATUS FOR RELIEF & REHABILITATION**

Description	Pledge Amount (Cash in Million Rs.)	Received Amount (Cash in Million Rs.)	Received Amount (Kind in Million Rs.)	Total (Pledge Cash & Kind in Million Rs.)	Grand Total (In Million Rs.)	Grand Total (In Million US\$)
Relief Fund	196	172	742	937	1 017	21.38
Rehab Fund	880	880	-	880	1,817	





## **HANDS Head Office:**

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