

You can do anything by turning it over in your mind

Bodar Farm is a small famous village in Umerkot. The majority of the people belong to scheduled caste. This village was lacking of income opportunities and sources. 30 years old Kamla was of this village did not have any source of income and was suffering from anxiety. Kamla and her family migrated to Asifia farm and started working as labor for a landlord. In a year's time Kamla's family was gone under debt of Rs 150,000 by the landlord. They were not able to pay back and had no hope to get enough money to pay their owing in the near future.



HANDS intervened in the area and introduced MARVI Project. Through its standard procedure the team started to look for MARVI Worker. After scrutiny and consultation with the community Kamla was selected as a MARVI Worker. She was then called for a six days training. By this training Kamla was able to learn how to create awareness in people but she also learned how to set a goal for her life and work on it. She found a way to earn her living. Kamla

started to work in Shoib farm which population was about 1000 people. Kamla worked very hard to make the villagers aware of the health related issues. She goes to every house in the village and passes them the knowledge of Reproductive Health and Family Planning and their importance in a hassle free and successful life which she learned through training by HANDS. By doing so she feels very good and she is happy to help others.

Kamla also conducts weekly sessions in her village to convey her message to the society. Along with that she arranges women assemblies and theaters. Managing all these activities, she now holds a strong and bold image in her society. Becoming a MARVI Worker great changes occur in her life and the evidence is that her children are going to school, she paid her debt off to the landlord and her family is happy now. Kamla said "I have a vision to see every child of my village having basic facilities of Health and Education".



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